



## **Pelham Seniors Advisory Committee Meeting Agenda**

**11-2024**

**November 13, 2024**

**1:00 pm**

**RCW Meeting Room-Meridian Community Centre**

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### **1. Call to Order and Declaration of Quorum**

### **2. Land Recognition Statement**

The Town of Pelham is situated on treaty land, steeped in the rich history of the First Nations such as the Hatiwendaronk, Haudenosaunee and the Anishinaabe, including the Mississaugas of the Credit First Nation. This territory is covered by the Upper Canada Treaties and is protected by the Dish With One Spoon Wampum Agreement. Today, many First Nations, Métis, and Inuit people from across Turtle Island live and work in Niagara. The Town of Pelham stands in solidarity with all Indigenous peoples, past and present, acknowledging that our high standard of living is a result of the resources and lasting friendship of Indigenous peoples.

### **3. Approval of Agenda**

### **4. Declaration of Pecuniary Interest and General Nature**

### **5. Approval of Minutes**

October 9, 2024

### **6. Unfinished Business**

#### **6.1 Handouts for senior activities**

#### **6.2 Pat O'Hara update on Proposed Seniors' residences in Pelham neighborhoods**

### **7. New Business**

#### **7.1 Senior's Socials**

#### **7.2 Upcoming Seminar and Program Updates**

- 7.3 PSAC Funds Update**
- 7.4 Year-end Report to Council - Attachment on page 8**
- 7.5 Wreath Making Workshop - extra session**
- 7.6 Pelham Cares**
- 7.7 Volunteer Recognition Night**
- 7.8 Meeting Schedule going forward**
- 7.9 New Member for Committee Status**

## **8. Next Meeting**

December 11, 2024, at 1PM, RCW Meeting Room, Meridian Community Centre

## **9. Adjournment**

Date: Oct 9,2024  
Time: 1:00pm  
Location: RCW Meeting Room, Meridian Community Centre

Attendance: Katie Kilbreath, Seniors, and Community Services  
Programmer  
Tony Ferrara  
Randy Gananathan, Vice-Chair  
Natasha Gibson, RCW Administrative Assistant  
Lynn Reynolds, Chair  
Shellee Niznik, Councillor  
Pat O'Hara  
Halee Braun, Supervisor

Guests: Greg Lewis (President of Pelham Cares)  
Regrets: Ty Bolibruk

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### **1. Call to Order and Declaration of Quorum**

Noting that quorum was present, Chair Lynn Reynolds called the meeting to order at approximately 1:00pm.

### **2. Land Recognition Statement**

Chair Lynn Reynolds recited the Land Recognition statement.

### **3. Approval of Agenda**

**Moved by** Randy Gananathan  
**Seconded by** Tony Ferrara

**THAT the agenda for the October 9, 2024, regular meeting of the Pelham Seniors Advisory Committee be adopted.**

**Carried**

### **4. Declaration of Pecuniary Interest and General Nature**

There were no pecuniary interests disclosed by any of the members present.

## **5. Approval of Minutes**

The Committee amended the minutes from the September 11, 2024, Pelham Seniors Advisory Committee meeting to adjust Item# 7.3 & 7.6 to state that these two items will be deferred to the November meeting for discussion.

**Moved by** Randy Gananathan  
**Seconded by** Tony Ferrara

**THAT the minutes of the September 11, 2024, Pelham Seniors Advisory Committee be amended to adjust Item# 7.3 & 7.6 to state that these two items will be deferred to the November meeting for discussion.**

**Carried**

## **6. Guest Speaker: Greg Lewis (President of Pelham Cares)**

Greg Lewis President of Pelham Cares Inc. shared with the Committee that Pelham Cares Inc. is not just a food bank. The services provided have evolved from providing food and friendly visits to include food, personal hygiene and household items, transportation to medical appointments, the sponsorship of youth to enable their participation in sports, recreational and educational activities, and information and referrals in response to emergency situations. Greg Lewis encourages the committee to share information with the community regarding the services Pelham Cares provides such as:

- Providing backpacks with school supplies and school snacks to children of our registered client families, at 'back-to-school' time. This year Pelham cares provided 94 backpacks to families in the community.

- Providing referrals to other social service organizations/agencies which do not have a visible point of contact in Pelham. Providing information about related organizations/agencies/services to the public.
- Client individuals and families already registered with Pelham Cares are eligible to receive a holiday hamper but must notify us that it is needed. Individuals and families can register for JUST the holiday hamper using the same process as required for registered clients.
- Providing gifts for parents of registered client families, to give their children at birthday time. An appropriate gift can be selected from our 'gift room' and is based on availability."
- Responding to Pelham families experiencing a home fire or other catastrophic loss, by providing emergency food, personal hygiene and household supplies, gas card, and referrals for additional services.

Greg also briefly shared with the committee about the One More Bite program. Launched in 2018 in partnership with Metro Ontario, One More Bite is a retail food recovery program that ensures much needed fresh, healthy food gets into the hands of those who need it the most. Working with Metro and Food Basics stores across the province, this program ensures food that may have otherwise gone to waste is recovered by Ontario food banks. Unsold products including meat, prepared meals, dairy, and bakery products are saved, frozen, and redistributed to local food banks to support people in need.

**Moved by** Lynn Reynolds  
**Seconded by** Randy Gananathan

**THAT the committee received the item #6 Guest Speaker Greg Lewis (Pelham Cares) for information.**

**Carried**

## **7. Review Survey & Year End Report to Council**

Katie Kilbreath Seniors, and Community Services Programmer, provided the committee with the final Staying Well, Safe, Connected and Active Survey results for the committee to review and decide what the next steps look like for the survey. Now that the committee has this information, they would like to assess the survey and take the top voted topic based on the results and that will be our focus for action items moving forward.

Committee members are encouraged to share information regarding what the committee has completed this year to Councilor Shellee, and she will put together the final report and present it to Council.

**Moved by** Tony Ferrara  
**Seconded by** Lynn Reynolds

**That Committee Members are encouraged to share information regarding what the committee has completed this year to Councillor Shellee.**

**THAT the meeting be extended for an additional 15 minutes.**

**Carried**

## **8. Next Meeting**

December 11, 2024, at 1PM, RCW Meeting Room, Meridian Community Centre

## **9. Adjournment**

**Moved by** Tony Ferrara  
**Seconded by** Randy Ganathan

**THAT this Regular Meeting of the Pelham Seniors Advisory Committee be adjourned at 2:45 pm.**

**Carried**

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**Chair, Lynn Reynolds**

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**Secretary, Natasha Gibson**

**Pelham Seniors Advisory Committee**

Providing advice to the Town of Pelham Council and staff on matters that impact the quality of life, and provide solutions through the lens, of Pelham's senior residents.

**Priorities 2023-2026**

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1. Increase communication with TOP Seniors				
<p>Completed a survey , had them available to all of our members on our email site,used at all events where we were present.</p>	<input type="checkbox"/>			
<p>• Recommend the use of direct mail, as well as social media, website and other methods, to inform seniors of programs and services</p>	<input type="checkbox"/>			<p>Staff supported our request to create a senior specific newsletter 4 X per year to highlight events specific to seniors</p>
<p>• Ensure that communication is inclusive and reflects the diversity of TOP's seniors</p>	<input type="checkbox"/>			
<p><b>2. Advocate for Seniors</b></p>				
<p>• Represent seniors' issues regularly to Council and the community at large</p>	<input type="checkbox"/>			
<p>• Share information and identify areas of collaboration with TOP Advisory Committees</p>	<input type="checkbox"/>			
<p><b>3. Develop networks to benefit Seniors</b></p>				
<p>• Liaise with other municipal Seniors Advisory Committees and the Age-friendly Niagara Council to share information</p>	<input type="checkbox"/>			<p>Met w several outside agencies, to gain an understanding of how they support Seniors- Pelham Cares, Niagara Senior, .....</p>
<p>• Identify resources to mutually benefit seniors and other groups such as like-minded agencies</p>	<input type="checkbox"/>			
<p><b>4. Research</b></p>				
<p>• Use PSAC survey results to develop information and recommendations for Council and staff</p>	<input type="checkbox"/>			<p>Suggested ways to improve communication, worked and supported staff with funding grants that provided senior programming. researching ways to support Seniors to age in place or within our Town</p>
<p>• Research and identify gaps in transportation for seniors</p>	<input type="checkbox"/>			
<p>• Research and recommend grant opportunities which support seniors' activities and</p>	<input type="checkbox"/>			