



Pelham Seniors Advisory Committee Meeting Agenda

10-2024

October 9, 2024

1:00 pm

RCW Meeting Room-Meridian Community Centre

1. Call to Order and Declaration of Quorum

2. Land Recognition Statement

We begin this meeting by acknowledging the land on which we gather is the traditional territory of the Haudenosaunee and Anishinaabe peoples, many of whom continue to live and work here today. This territory is covered by the Upper Canada Treaties and is within the land protected by the Dish With One Spoon Wampum agreement. Today this gathering place is home to many First Nations, Metis, and Inuit peoples and acknowledging reminds us that our great standard of living is directly related to the resources and friendship of Indigenous people.

3. Approval of Agenda

4. Declaration of Pecuniary Interest and General Nature

5. Approval of Minutes

September 11, 2024

6. Guest Speaker: Greg Lewis (Pelham Cares)

7. Review Survey & Year End Report to Council

8. Next Meeting

November 13, 2024, at 1PM, RCW Meeting Room, Meridian Community Centre

9. Adjournment

Date: 11, September,2024
Time: 1:00pm
Location: RCW Meeting Room, Meridian Community Centre

Attendance: Katie Kilbreath, Seniors, and Community Services
Programmer
Tony Ferrara
Ty Bolibruck
Randy Gananathan, Vice-Chair (virtually)
Natasha Gibson, RCW Administrative Assistant
Shellee Niznik, Councillor
Pat O'Hara
Halee Braun, Supervisor of RCW

Regrets: Lynn Reynolds, Chair

1. Call to Order and Declaration of Quorum

Noting that quorum was present, Committee Member Ty Bolibruck called the meeting to order at approximately 1:05 pm.

2. Land Recognition Statement

Committee member Ty Bolibruck recited the Land Recognition statement.

3. Approval of Agenda

Addition of item **7.7 the Grant Letter.**

Moved by Pat O'Hara
Seconded by Ty Bolibruck

THAT the agenda for the September 11, 2024, regular meeting of The Pelham Seniors Advisory Committee be amended to add item 7.7 Grant Letter.

Carried

4. Declaration of Pecuniary Interest and General Nature

There were no pecuniary interests disclosed by any of the members present.

5. Approval of Minutes

The Committee approved the minutes from the July 10, 2024, Pelham Seniors Advisory Committee meeting.

Moved by Pat O'Hara
Seconded by Tony Ferrara

THAT the minutes of the July 10, 2024, Pelham Seniors Advisory Committee be Approved.

6. Unfinished Business

6.1. Senior Socials Update

The committee continued the discussion of hosting senior socials at the MCC.

The following Socials and schedules below have been discussed and approved by PSAC:

- **Oct 1 Seniors Active Living Fair Table** – Ty 9-11 am & Pat 12- 1 pm
- **PSAC Nov 13th Senior Social** (10:30- 12:30 pm) – Ty 10:30-12:30 & Shellee 11:30 -12:30
- **Dec 6 Christmas Market Table** – Shellee 4- 6pm & Pat 6-8pm

6.2. PSAC Community Survey Next Steps

The Committee discussed what they would like to do with the surveys moving forward. In October, Katie will feature the survey in the next monthly newsletter prompting patrons to provide feedback one last time and will provide the committee with the feedback at The October meeting where the focus will be on the year end report to council.

Moved by Tony Ferrara
Seconded by Pat O'Hara

THAT the committee agreed and will proceed with a table at the Active living Fair on Oct 1st, at the Christmas Market on Dec 6 and will host a senior social on Nov 13th.

THAT Katie will feature the survey in the monthly newsletter and bring back the feedback to the October meeting with the meeting focus being on the year end report to council.

Carried

7. Regular Business

7.1. Upcoming Seminar and Program Updates

Katie Kilbreath, Seniors, and Community Services Programmer, delivered a comprehensive update on Senior seminars, workshops and the monthly newsletter.

Ms. Kilbreath advised of new seminars provided over the next few months, which include:

- **Strategies for Aging Well** | Tuesday, September 17, 2024 | 2:00 p.m. - 3:30 p.m.
- **Pelham Cares** | Wednesday, September 25, 2024 | 1:00 p.m. - 2:30 p.m.

- **OACAO Seniors Active Living Fair** | Tuesday, October 1st, 2024, from 9:00am - 1:00pm at the Meridian Community Centre.
- **Eat Well for Life** | Wednesday, October 16, 2024, | 1:00 p.m. - 2:30 p.m.
- **Cell phone photography** | November 20, 2024, From 10:30am -11:30am
- Aiming for 3 sessions of the wreath making workshop – end of November

7.2. Summerfest Update

Summerfest was a success and the PSAC table was very engaging. Two winners were selected from the prize draw, and they have received memberships to the MCC.

7.3. Conference Update

Councillor Shelle Niznik attended the AMO (Association of Municipalities of Ontario) Conference in August where she attended a number of sessions and participated in the discussions. Below are two Associations that she shared with the committee:

- **OLTCA - Ontario Long Term Care Association**
They represent 70% of Ontario's long-term care homes. They are small, medium, and large, private, not-for-profit, municipal, hospital, culturally specific, and First Nations homes in rural, urban, and Northern locations across the province.
- **What is the Community Wellness Hub?**
It's a publicly funded program for older adults at designated affordable seniors housing buildings in Burlington and Oakville. The Hub provides residents with health and social care by professional health and wellness community partners.

7.4. September 14 – MCC Birthday Party, Senior’s activities

Celebrate the community and the successful six years of operation of the MCC with a full day of free fun for all ages. From 1-3 pm in the servery upstairs Katie will have a table set-up with flyers and activities for seniors. Committee members are encouraged to attend if available.

7.5. Committee Member Attendance at Fall Seminars

Committee members are encouraged to attend the upcoming Senior Seminar and workshop. Ms. Kilbreath will email the committee with the list of all upcoming senior seminars and workshops for the rest of the year. Councillor Shellee will attend October 16th & November 20th seminars.

7.6. Handouts for senior activities

The committee motioned to discuss this item at the next meeting.

7.7. Grant Letter

Ms. Kilbreath discussed in detail the Support Letter for the Town’s application for the Tourism Growth project, which will allow for the installation of new AODA-complaint accessible pathways and expand the vendor space in the heavily utilized green space in Peace Park. The project will provide increased access for seniors, older adults, persons with disabilities and others to participate in the many year-round events hosted in Peace Park. The committee has authorized Chair Reynolds to e-sign the letter of support.

Moved by Tony Ferrara
Seconded by Pat O’Hara

That Ms. Kilbreath will email the committee the list of all upcoming senior seminar/workshop to the committee

THAT Pat O’Hara will do further research regarding the Community Wellness Hub and provide the group with the information at the next meeting.

That Item # 7.6 Handouts for senior activities be deferred until the next meeting

AND THAT the Committee authorize Chair Reynolds to e-sign the letter of support for the tourism growth project grant application.

8. Next Meeting

October 9th, 2024, at 1PM – Meridian Community Centre (RCW Meeting room)

9. Adjournment

THAT this Regular Meeting of the Pelham Seniors Advisory Committee be adjourned at 2:30 pm.

Carried

Chair, Name

Secretary, Natasha Gibson