

# Pelham Seniors Advisory Committee Agenda

July 10, 2024 1:00 pm Meridian Community Centre, Kinsmen Room

## 1. Call to Order and Declaration of Quorum

## 2. Land Recognition Statement

We begin this meeting by acknowledging the land on which we gather is the traditional territory of the Haudenosaunee and Anishinaabe peoples, many of whom continue to live and work here today. This territory is covered by the Upper Canada Treaties and is within the land protected by the Dish With One Spoon Wampum agreement. Today this gathering place is home to many First Nations, Metis, and Inuit peoples and acknowledging reminds us that our great standard of living is directly related to the resources and friendship of Indigenous people.

- 3. Approval of Agenda
- 4. Declaration of Pecuniary Interest and General Nature Thereof
- 5. Approval of Minutes

June 12, 2024

- 6. Transit service enhancements Sarah Leach
- 7. Unfinished Business
  - 7.1. Senior Socials Update
  - 7.2. Information & Links to organizations supporting Seniors

    Update
  - 7.3. PSAC Community Survey next steps
- 8. Regular Business



- 8.1. Upcoming Seminar and Program Updates
- 8.2. Summerfest Help
- 8.3. Complaint Letter Next Steps
- 8.4. Pedestrian crosswalks in Pelham
- 9. Adjournment



Date: June 12, 2024

Time: 1:00 pm

Location: Kinsmen Room, Meridian Community Centre

Attendance: Alan Bown

Brilee Sears, Grant Specialist

Tony Ferrara

Pat O'Hara (Part-time) Lynn Reynolds, Chair Shellee Niznik, Councillor Halee Braun, Supervisor

Chantal Magier, RCW Active Living Programmer

Ashely Hamilton, MAG Student

Kiara, MAG Student

Regrets: Randy Gananathan, Vice-Chair (Zoom)

Ty Bolibruk

## 1. Call to Order and Declaration of Quorum

Noting that quorum was present, Chair Lynn Reynolds called the meeting to order at approximately 1:10pm

#### 2. Land Recognition

Presented by Lynn Reynolds

#### 3. Approval of Agenda

Moved by Alan Bown

**Seconded by** Tony Ferrara

THAT the agenda for the June 12, 2024, regular meeting of the Pelham Seniors Advisory Committee be adopted.

Carried



## 4. Declaration of Pecuniary Interest and General Nature

There were no pecuniary interests disclosed by any of the members present.

## 5. Approval of Minutes

The Committee approved the minutes from the May 13, 2024, Pelham Seniors Advisory Committee meeting.

Moved by Alan Bown Seconded by Pat O'Hara

THAT the minutes of the [Date of meeting minutes being approved Pelham Seniors Advisory Committee be approved.

**Carried** 

## 6. Guest Speaker: Brilee Sears - Grant Specialist

Introduction from Brilee. Brilee takes direction from both council and SLT. Researching all grants available to apply for. Requirements of each grant and reviewing process are directed from above. Brilee writes all applications at required. The Town Grant Specialist does assist non-profit organizations through the process from time to time and are eligible to receive reports. Pelham does have a subscription to a grant software which helps with the process. Support letter for grant applications from council may be a requirement. Support letters, drafted by Brilee. Highlighting past committees or events the town may have covered in the past. Fast timelines may result in a support letter not accompanied with each grant application. Brilee assist Leah in Pelham's communication department. Pat O'Hara comments on service clubs, introducing himself as part of the Lions Club. When organizations have a wish list, this helps Brilee with research and what consideration they are looking for. Another interest for PSAC is a connection in assisting with Pelham Cares.



## **6.B Cyber Senior Grant Update**

Update on Cyber seniors grant from Brilee Sears, Pelham will not be able to move forward with this application but may be able to come on board at a later time. Pelham is applying for something more culture based, featuring multi disciplinary artists at this time.

**Moved by** Pat O'Hara **Seconded by** Tony Ferrara

Carried

#### 7. Unfinished Business

## 8.1 PSAC & Pelham Cares Partnership Update

## 8.2 Senior Socials Update

Committee is looking forward to hosting another few socials, as the last one ran well, Alan Brown to attend.

# 8.3 Suggestions for PSAC meeting guests (Pelham Cares, NOAA CARP, Seniors Residence Representatives

Greg Lewis from Pelham Cares to attend the October 9<sup>th</sup> meeting. No further discussion on meeting guests currently, the committee is happy with the guests they have had to date.

# 8.4 Information & Links to organizations supporting seniors Update.

The Town of Pelham's Website needs to be included, it's suggested to possibly have a working group to help assist navigating opportunities through the website, as its not very user friendly. Important to see, increase in Rec and Leisure. Directly try and make a difference, exploring different opportunities.



## 8.5 PSAC Community Survey Next Steps

Possibly updating questions on the survey. What is the reason for the survey, what is the status of the current survey? Does the community now want to move forward with the outcome of the current survey. Do we sit down as a working group or direct staff to help work through it. Lynn interested in looking at the previous survey response. See if something is duplicated or hold high interest. Comparing the two surveys, is a good idea from the committee. Town staff took information from the previous survey to help increase where demand is needed, Senior's programming, cyber security etc. Katie to update committee with results from surveys.

**Moved by** Tony Ferrara **Seconded by** Pat O'Hara

THAT the Committee received PSAC Community Survey Next Steps for information.

**Carried** 

## 8. Regular Business

## 9. Upcoming Seminar and Program Updates

Upcoming seminars and program update. Grant that is more workshop based to provide more hands-on experiences for seniors targeting opportunities for engagement. June, water colour painting. July, mindfulness mediation Yoga. August, Importance of aerobics exercise. September, Professional referral group of Niagara, as well as Pelham Cares, Greg Lewis is coming in to talk about the importance of giving back to the community. October Dietician, healthy eating and making good food choices. November, Cell Phone Photography. December, Christmas Wreath making workshop. Ashley to send an email to committee with Dates for each specific event. Walking group during the last senior social was a huge success, pedometers were handed out and appreciated by many, and Randy spoke on behalf of PSAC. Comment of thanks and appreciation from Councillor Niznik on



Pelham's 30 for 30, Very nice event, seniors seemed to be very happy with everything planned. Event was well attended and organized.

Moved by Tony Ferrara Seconded by Pat O'Hara

THAT the Committee received Upcoming Seminar and Program Updates for information.

Carried

## 9.1 55+ Activity Schedule

Seniors Schedule, Seniors specific will be created per season and printed for the desk. As well as, posted on town's website.

#### 9.2 Summerfest 2024

Pelham Arts and Cultural committee will have a gift basket to win, as well as arts and crafts booth for Summerfest 2024. Councillor Niznik is wondering is PSAC has interest in doing something similar. Seniors to enter draw for a Membership card for 55+ programming. \$100.00 per card. Committee would like to draw for a membership card at each event. Update on a banner for PSAC (like the Cultural banner that was recently purchased) Committee members would like to see the PSAC banner completed for July 1st, Canada Day booth. Volunteers for Canada Day and or Summerfest. Halee to make ballots for membership cards. Councillor Niznik to send poster ideas to Pelham staff for printing. Additional request, to have both Pelham Seniors Advisory Committee and Arts and Cultural Committee booths side by side to help each other out at events. Staffing support for both events July 1st – Shelle, Lynn and July 20th – Shelle, Lynn

## 9.3 Summer Meetings

Moving forward with July Meeting, cancelling August, starting back up in September with regular meetings.



**Moved by** Tony Ferrara **Seconded by** Pat O'Hara

**Carried** 

## 10. Adjournment

Moved byAlan BrownSeconded byTony Ferrara

THAT this Regular Meeting of the Pelham Seniors Advisory Committee be adjourned.

Carrie
Chair, Lynn Reynold
Halee Braun, RCW Superviso