

May 13, 2024

11:00 am

Meridian Community Centre, Kinsmen Room

1. Call to Order and Declaration of Quorum

2. Land Recognition Statement

We begin this meeting by acknowledging the land on which we gather is the traditional territory of the Haudenosaunee and Anishinaabe peoples, many of whom continue to live and work here today. This territory is covered by the Upper Canada Treaties and is within the land protected by the Dish With One Spoon Wampum agreement. Today this gathering place is home to many First Nations, Metis, and Inuit peoples and acknowledging reminds us that our great standard of living is directly related to the resources and friendship of Indigenous people.

3. Approval of Agenda

4. Declaration of Pecuniary Interest and General Nature Thereof

5. Approval of Minutes

April 10, 2024

6. Unfinished Business

6.1. PSAC & Pelham Cares Partnership

6.2. Senior Socials

6.3. Print Materials for Seniors (newsletters, event schedule, contact cards, info cards, etc.)

6.4. Suggestions for PSAC Meeting Guests (Pelham Cares, Brilee Sears, NOAA, CARP, Senior's Residences' Representatives)

6.5. MCC Seniors Area (updates on refreshments, chairs, signage)

6.6. Information & Links to organizations supporting Seniors

7. Regular Business



- 7.1. Introduction of Social Prescribing Student Kiara Kalenuik**
- 7.2. Upcoming Seminar and Program Updates**
- 7.3. Seniors Walk-A-Thon (June 30 for 30) – June 3rd Kickoff Event**
- 7.4. PSAC Community Survey next steps**

8. Adjournment

Date: April 10, 2024
Time: 1:00 pm
Location: Kinsmen, Meridian Community Centre

Attendance: Alan Bown
Katie Kilbreath, Seniors, and Community Services
Programmer
Tony Ferrara
Pat O'Hara (Part-time)
Randy Gananathan, Vice-Chair
Lynn Reynolds, Chair
Shellee Niznik, Councillor
Halee Braun, Supervisor
Natasha Gibson, RCW Administrative Assistant

Regrets: Ty Bolibruk

Guests: Sarah Leach, Deputy Clerk (Secretary)

1. Call to Order and Declaration of Quorum

Noting that quorum was present, Chair Reynolds called the meeting to order at approximately 1:00 pm.

2. Land Recognition Statement

Chair Reynolds read the land recognition statement into the record.

3. Approval of Agenda

Moved by Randy Gananathan
Seconded by Alan Bown

THAT the agenda for the April 10, 2024, regular meeting of the Pelham Seniors Advisory Committee be adopted.

Carried

4. Declaration of Pecuniary Interest and General Nature

There were no pecuniary interests disclosed by any of the members present.

5. Approval of Minutes

The Committee approved the minutes from the March 19, 2024, Pelham Seniors Advisory Committee meeting.

Moved by Tony Ferrara
Seconded by Pat O'Hara

THAT the minutes of March 19, 2024, Pelham Seniors Advisory Committee be approved, as amended.

Carried

6. Unfinished Business

6.1. PSAC & Pelham Cares Partnership

Member Bown identified that Pelham Cares and the Committee have overlapping interests. Member Bown suggested inviting Pelham Cares as a guest.

6.2. Seniors Month Celebrations

The Committee agreed that the first week of June is preferred for the Seniors Month flag-raising event. Katie Kilbreath, Seniors, and Community Services Programmer, will proceed with the application process and report back to the Committee.

Sarah Leach, Deputy Clerk, introduced her memo titled "Process for an Itinerant Sellers Licence Exemption." A copy of the memo is published on the April 10, 2024, agenda and is on file with the Clerk's Office.

Regarding the specifics of the event, Member Gananathan proposed a trunk sale on June 22, 2024. Member Gananathan suggested that both

seniors and their families participate and suggested implementing a 2-tiered fee structure. Member Ferrara recommended limiting the vendors to 20 or 25 to manage the crowd and ensure the event's success. Ms. Kilbreath suggested that vendors bring their supplies and register in advance.

Ks. Kilbreath will assess the feasibility of the event before proceeding with further planning details.

Moved by Randy Gananathan
Seconded by Lynn Reynolds

THAT the Committee receive the Deputy Clerk Memo titled "Process for an Itinerant Sellers Licence Exemption" dated April 8, 2024, for information;

AND THAT the Committee direct staff to determine the feasibility of holding a trunk sale for seniors and their families at the MCC on Saturday, June 22, 2024;

AND THAT the Committee direct staff to prepare a request letter to Council seeking an exemption to the Itinerant Sellers By-Law for the trunk sale, if determined by the RCW department that the event is feasible.

Carried

6.3. Senior Socials

Chair Reynolds posed the question of moving forward with senior socials this year and indicated that she would consult the program schedule and get back to everyone with proposed dates and times. Ms. Kilbreath indicated that excessive advance notice is not required as a table can easily be set up in the atrium. Cahir Reynold suggested the event(s) be included in the newsletter.

Councillor Niznik and Chair Reynolds indicated they would pop into programs and advise participants of upcoming socials once determined.

Councillor Niznik further suggested adding print material to the front customer service counter promoting the senior socials.

Moved by Alan Bown
Seconded by Randy Gananathan

THAT the Committee agree to proceed with scheduling Seniors Socials, with details to be determined at a later date.

Carried

7. Regular Business

7.1. MCC Seniors Area

Chair Reynolds confirmed that hot water will be available for tea.

Ms. Kilbreath stated that each night facilities staff reorganize any furniture that has been moved from its original position. Ms. Kilbreath indicated that staff do not object to seniors moving the furniture throughout the day to suit their needs. She further indicated that it is the preference of staff that planters are not moved.

Chair Reynolds identified the presence of seniors' signage in the spin room and inquired about placing signage elsewhere. Ms. Kilbreath stated the signage in the spin room is to be removed and further stated that signage cannot be placed elsewhere due to existing naming rights and sponsorship. Ms. Kilbreath indicated she would investigate re-locating the poster structure/information centre.

Moved by Tony Ferrara
Seconded by Pat O'Hara

THAT the Committee receive the update from Katie Kilbreath regarding the MCC Seniors Area, for information.

Carried

7.2. Seniors Age-Friendly Niagara Survey Summary

Councillor Niznik advised that Pelham contains a senior population above average, and assured the Committee's priorities align with what the survey indicated was needed.

Councillor Niznik reviewed takeaways from the survey, including "bring a friend" initiatives, increasing cultural events, providing technology-based education, and improving volunteerism. Councillor Niznik identified the existing Older Adult's information link which 95% of participants were unaware of.

A copy of the summarized survey results is published on the April 10, 2024, agenda and is on file with the Recreation, Culture, and Wellness Office.

Moved by Pat O'Hara
Seconded by Alan Bown

THAT the Committee receive the summarized Age-Friendly Niagara 2022 Pelham Survey Results, for information.

Carried

7.3. Upcoming Seminar and Program Updates

Ms. Kilbreath advised of new seminars provided over the next two months, which include:

- April 12: Niagara College Student Health Fair from 1:30 to 3:30 (No registration)
- April 15: Pelham Advocates for Trees and Habitat (PATH) Clean-up
- April 20: Various Earth Day events
- May 15: Seniors Bike Safety (Online registration)

Member Ferrara proposed adding the program event link to the 55+ webpage for ease of reference. Natasha Gibson, RCW Administrative Assistant, confirmed that she would add the link.

Moved by Lynn Reynolds
Seconded by Tony Ferrara

THAT the Committee receive the Upcoming Seminar and Program update from Katie Kilbreath, for information.

Carried

7.4. Committee Contact Information

Ms. Kilbreath requested Committee contact information.

7.5. Information & Links to Organizations Supporting Seniors

Chair Reynolds suggested creating a comprehensive list of information, phone numbers, and/or links for seniors' ease of reference. Chair Reynolds shared an example from the City of Thorold.

7.6. Print Materials for Seniors

Chair Reynolds inquired about ordering generic PSAC business cards. The Committee agreed that Ms. Kilbreath's contact is most appropriate and expressed satisfaction with the current system of utilizing Ms. Kilbreath's cards when necessary.

For contact purposes, Councillor Niznik endorsed the contact card as proposed by Chair Reynolds in item 7.5. Ms. Kilbreath indicated she would investigate this option further. With regard to a printout of the newsletter, Ms. Kilbreath indicated that the newsletter is intended to be digital due to the various links.

The Committee unanimously agreed to extend the meeting to conclude the agenda. Member O’Hara vacated the meeting at 2:30 pm.

7.7. Suggestions for PSAC Meeting Guests

Chair Reynolds suggested the bulk of this conversation be deferred until the next meeting due to time constraints.

Chair Reynolds indicated she would report back to the Committee on the Pelham Cares presentation at the MCC on April 11, 2024.

Ms. Kilbreath stated that she would request Brilee Sears, Grant Specialist, appear at a future meeting for a brief presentation.

8. Adjournment

The meeting adjourned at 2:36 pm.

Moved by Randy Gananathan
Seconded by Lynn Reynolds

THAT this Regular Meeting of the Pelham Seniors Advisory Committee be adjourned.

Carried

Lynn Reynolds, Chair

Sarah Leach, Recording Secretary and Deputy Clerk