

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>8:00 am Pickleball - Competitive</p> <p>9:00 am Men's Shinny</p> <p>9:00 am Seniors Information &amp; Active Living Fair</p> <p>9:30 am Zumba</p> <p>10:00 am Men's 60+ Shinny</p> <p>11:15 am Chair Yoga</p> <p>12:15 pm Drop-In Volleyball</p> <p>1:00 pm Parent and Preschool Skate</p> <p>4:00 pm 13-17 Stick &amp; Puck</p>	<p>2</p> <p>9:30 am Mom &amp; Tot Fitness</p> <p>10:00 am 55+ Aerobics</p> <p>11:15 am Pickleball - All Levels</p> <p>11:15 am Pickleball - Beginners</p> <p>4:00 pm Drop-In Family Gym</p> <p>7:00 pm Hatha Yoga</p>	<p>3</p> <p>7:00 am Pickleball - Competitive</p> <p>8:00 am Pickleball - Competitive</p> <p>9:45 am Women's Shinny</p> <p>10:00 am Parent and Preschool Skate</p> <p>10:30 am Tiny Tots Gym</p> <p>11:00 am 55+ Aerobics</p> <p>11:00 am 60+ Stick &amp; Puck</p> <p>11:15 am Chair Yoga</p> <p>12:30 pm Pickleball - All Levels</p> <p>12:45 pm FlexAgility</p> <p>1:00 pm Adults Only Skate</p> <p>4:00 pm Pelham Farmers Market</p> <p>5:30 pm Yogalates</p>	<p>4</p> <p>8:30 am Pickleball - All Levels</p> <p>9:00 am Men's Shinny</p> <p>10:00 am Men's 60+ Shinny</p> <p>10:30 am Drop - In Volleyball</p> <p>12:00 pm Zumba</p> <p>1:00 pm Orchestrum Music</p> <p>2:00 pm Pickleball - Competitive</p> <p>3:15 pm Ticket Ice</p> <p>4:15 pm 18+ Stick &amp; Puck</p> <p>8:30 pm Pickleball - All Levels</p>	<p>5</p> <p>7:30 pm Public Skating</p> <p>9:00 pm Men's Shinny</p>
<p>6</p> <p>1:00 pm Public Skating</p>	<p>7</p> <p>9:00 am Adult Basketball</p> <p>9:45 am Women's Skills and Drills</p> <p>10:45 am Women's Shinny</p> <p>11:00 am Family Music Time</p> <p>11:00 am 55+ Aerobics</p> <p>12:30 pm Pickleball - All Levels</p> <p>2:30 pm Adults Only Skate</p> <p>3:30 pm 6-12 Stick &amp; Puck</p> <p>7:00 pm Lift &amp; Sweat</p> <p>8:30 pm Pickleball - All Levels</p> <p>8:30 pm Pickleball - Beginners</p>	<p>8</p> <p>8:00 am Pickleball - Competitive</p> <p>9:00 am Men's Shinny</p> <p>9:30 am Zumba</p> <p>10:00 am Men's 60+ Shinny</p> <p>10:45 am Pickleball - All Levels</p> <p>11:15 am Chair Yoga</p> <p>12:15 pm Drop-In Volleyball</p> <p>1:00 pm Parent and Preschool Skate</p> <p>4:00 pm 13-17 Stick &amp; Puck</p>	<p>9</p> <p>9:30 am Mom &amp; Tot Fitness</p> <p>10:00 am 55+ Aerobics</p> <p>11:15 am Pickleball - Beginners</p> <p>11:15 am Pickleball - All Levels</p> <p>4:00 pm Drop-In Family Gym</p> <p>7:00 pm Hatha Yoga</p>	<p>10</p> <p>7:00 am Pickleball - Competitive</p> <p>8:00 am Pickleball - Competitive</p> <p>9:45 am Women's Shinny</p> <p>10:00 am Parent and Preschool Skate</p> <p>10:30 am Tiny Tots Gym</p> <p>11:00 am 55+ Aerobics</p> <p>11:00 am 60+ Stick &amp; Puck</p> <p>11:15 am Chair Yoga</p> <p>12:30 pm Pickleball - All Levels</p> <p>12:45 pm FlexAgility</p> <p>1:00 pm Adults Only Skate</p> <p>4:00 pm Pelham Farmers Market</p>	<p>11</p> <p>8:30 am Pickleball - All Levels</p> <p>9:15 am Men's Shinny</p> <p>10:00 am Men's 60+ Shinny</p> <p>12:00 pm Zumba</p> <p>1:00 pm Orchestrum Music</p> <p>3:15 pm Ticket Ice</p> <p>4:15 pm 18+ Stick &amp; Puck</p>	<p>12</p> <p>7:30 pm Public Skating</p> <p>9:00 pm Men's Shinny</p>

				5:30 pm Yogalates		
13 1:00 pm Public Skating	14	15 8:00 am Pickleball - Competitive 9:00 am Men's Shinny 9:30 am Zumba 10:00 am Men's 60+ Shinny 10:45 am Pickleball - All Levels 11:15 am Chair Yoga 12:15 pm Drop-In Volleyball 1:00 pm Parent and Preschool Skate 4:00 pm 13-17 Stick & Puck 6:30 pm Big Band Dance Night	16 9:30 am Mom & Tot Fitness 10:00 am 55+ Aerobics 11:15 am Pickleball - All Levels 11:15 am Pickleball - Beginners 4:00 pm Drop-In Family Gym 7:00 pm Hatha Yoga	17 7:00 am Pickleball - Competitive 8:00 am Pickleball - Competitive 9:45 am Women's Shinny 10:00 am Parent and Preschool Skate 10:30 am Tiny Tots Gym 11:00 am 55+ Aerobics 11:00 am 60+ Stick & Puck 11:15 am Chair Yoga 12:30 pm Pickleball - All Levels 12:45 pm FlexAgility 1:00 pm Adults Only Skate 5:30 pm Yogalates	18 9:15 am Men's Shinny 10:00 am Men's 60+ Shinny 1:00 pm Orchestrum Music 3:15 pm Ticket Ice 4:15 pm 18+ Stick & Puck	19 10:00 am Kinsmen Craft Show 7:00 pm Comedy Night in Pelham 9:00 pm Men's Shinny
20 10:00 am Kinsmen Craft Show 1:00 pm Public Skating	21 9:00 am Adult Basketball 9:45 am Women's Skills and Drills 10:45 am Women's Shinny 11:00 am Family Music Time 11:00 am 55+ Aerobics 12:30 pm Pickleball - All Levels 2:30 pm Adults Only Skate 3:30 pm 6-12 Stick & Puck 7:00 pm Lift & Sweat 8:30 pm Pickleball - All Levels 8:30 pm Pickleball - Beginners	22 8:00 am Pickleball - Competitive 9:00 am Men's Shinny 9:30 am Zumba 10:00 am Men's 60+ Shinny 10:45 am Pickleball - All Levels 11:15 am Chair Yoga 12:15 pm Drop-In Volleyball 1:00 pm Parent and Preschool Skate 4:00 pm 13-17 Stick & Puck	23 9:30 am Mom & Tot Fitness 10:00 am 55+ Aerobics 11:15 am Pickleball - Beginners 11:15 am Pickleball - All Levels 4:00 pm Drop-In Family Gym 7:00 pm Hatha Yoga	24 7:00 am Pickleball - Competitive 8:00 am Pickleball - Competitive 9:45 am Women's Shinny 10:00 am Parent and Preschool Skate 10:30 am Tiny Tots Gym 11:00 am 55+ Aerobics 11:00 am 60+ Stick & Puck 11:15 am Chair Yoga 12:30 pm Pickleball - All Levels 12:45 pm FlexAgility 1:00 pm Adults Only Skate 5:30 pm Yogalates	25 8:30 am Pickleball - All Levels 9:15 am Men's Shinny 10:00 am Men's 60+ Shinny 10:30 am Drop-In Volleyball 12:00 pm Zumba 1:00 pm Orchestrum Music 2:00 pm Pickleball - Competitive 3:15 pm Ticket Ice 4:15 pm 18+ Stick & Puck	26 7:30 pm Free Halloween Skate 7:30 pm Public Skating 9:00 pm Men's Shinny
27 1:00 pm Public Skating	28 9:00 am Adult Basketball 9:45 am Women's Skills and Drills 10:45 am Women's Shinny 11:00 am Family Music Time 11:00 am 55+ Aerobics	29 8:00 am Pickleball - Competitive 9:00 am Men's Shinny 9:30 am Zumba 10:00 am Men's 60+ Shinny 10:45 am Pickleball - All Levels 11:15 am Chair Yoga	30 9:30 am Mom & Tot Fitness 10:00 am 55+ Aerobics 11:15 am Pickleball - All Levels 11:15 am Pickleball - Beginners 4:00 pm Drop-In Family Gym	31 7:00 am Pickleball - Competitive 8:00 am Pickleball - Competitive 9:45 am Women's Shinny 10:00 am Parent and Preschool Skate 10:30 am Tiny Tots Gym		

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<https://events.pelham.ca>