# Monday, April 1, 2024

## **Drop-In Basketball**

Date and Time: Monday, April 1 9:00 am - 11:00 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Drop-In Basketball here.

## Men's 60 +Shinny

Date and Time: Monday, April 1 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn More about Men's 60+ Shinny here.

#### 55+ Aerobics

Date and Time: Monday, April 1 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### Pickleball - All Levels

Date and Time: Monday, April 1 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Pickleball - Beginners**

Date and Time: Monday, April 1 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Please check pelham.ca/cancellations for any changes or cancellations.

#### Pickleball - All Levels

Date and Time: Monday, April 1 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# Tuesday, April 2, 2024

#### Pickleball - All Levels

Date and Time: Tuesday, April 2 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### Zumba

Date and Time: Tuesday, April 2 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Zumba here.

## Walking/Sitting Meditation

Date and Time: Tuesday, April 2 10:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Walking/Sitting Meditation here.

## **Drop-In Volleyball**

Date and Time: Tuesday, April 2 12:15 pm - 2:15 pm

Address: 100 Meridian Way

## **Drop-In VolleyBall**

Date and Time: Tuesday, April 2 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

## **Pickleball - Competitive**

Date and Time: Tuesday, April 2 3:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

#### 13-17 Stick & Puck

Date and Time: Tuesday, April 2 4:00 pm - 4:50 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

# Wednesday, April 3, 2024

#### **Mom & Tot Fitness**

Date and Time: Wednesday, April 3 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Mom & Tot fitness here.

## **Pickleball - Beginners**

Date and Time: Wednesday, April 3 11:00 am - 1:00 pm

Address: 100 Meridian Way

Learn more bout Pickleball here.

## **Drop-In Family Gym**

Date and Time: Wednesday, April 3 4:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Family Gym here.

## Hatha Yoga

Date and Time: Wednesday, April 3 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Hatha Yoga here.

#### Pickleball - All Levels

Date and Time: Wednesday, April 3 8:30 pm - 10:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

# Thursday, April 4, 2024

#### Pickleball - All Levels

Date and Time: Thursday, April 4 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

# **Tiny Tots Gym**

Date and Time: Thursday, April 4 10:30 am - 12:00 pm

Address: 100 Meridian Way

Learn more about Tiny Tots Gym Time here.

#### 55+ Aerobics

Date and Time: Thursday, April 4 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

## **Pickleball - Competitive**

Date and Time: Thursday, April 4 12:30 pm - 2:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

## **FlexAgility**

Date and Time: Thursday, April 4 12:45 pm - 1:45 pm

Address: 100 Meridian Way

Learn more about FlexAgility here.

### **Yogalates**

Date and Time: Thursday, April 4 5:30 pm - 6:30 pm

Address: 100 Meridian Way

Learn more about Yogalates here.

# Friday, April 5, 2024

# **Pickleball - Competitive**

Date and Time: Friday, April 5 7:00 am - 9:00 am

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Pickleball - Beginners**

Date and Time: Friday, April 5 9:30 am - 11:30 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball here.

## **Community Bridge**

Date and Time: Friday, April 5 10:00 am - 12:00 pm

Address: Kinsmen Room, 100 Meridian Way

Learn more about Community Bridge here.

### **Drop - In Volleyball**

Date and Time: Friday, April 5 10:30 am - 1:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

#### **Orchestrum Music**

Date and Time: Friday, April 5 1:00 pm - 3:00 pm

Address: 100 Meridian Way

Learn more about Orchestrum Music here.

# Saturday, April 6, 2024

## **Public Skating**

Date and Time: Saturday, April 6 7:30 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

# Sunday, April 7, 2024

## **Public Skating**

Date and Time: Sunday, April 7 1:00 pm - 1:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

# Monday, April 8, 2024

# **Drop-In Basketball**

Date and Time: Monday, April 8 9:00 am - 11:00 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Drop-In Basketball here.

## Men's 60 +Shinny

Date and Time: Monday, April 8 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn More about Men's 60+ Shinny here.

#### 55+ Aerobics

Date and Time: Monday, April 8 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

# **Public Skating**

Date and Time: Monday, April 8 11:30 am - 12:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

#### Pickleball - All Levels

Date and Time: Monday, April 8 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

### **Adults Only Skate**

Date and Time: Monday, April 8 2:30 pm - 3:20 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

#### 6-12 Stick & Puck

Date and Time: Monday, April 8 3:30 pm - 4:20 pm

Address: 100 Meridian Way

Learn more about 6-12 Stick & Puck here.

#### Lift & Sweat

Date and Time: Monday, April 8 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Lift & Sweat here.

## Women's Shinny

Date and Time: Monday, April 8 8:00 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Women's Shinny here.

#### Pickleball - All Levels

Date and Time: Monday, April 8 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Men's Shinny**

Date and Time: Monday, April 8 9:00 pm - 9:50 pm

Address: 100 Meridian Way

# Tuesday, April 9, 2024

#### Pickleball - All Levels

Date and Time: Tuesday, April 9 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### **Z**umba

Date and Time: Tuesday, April 9 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Zumba here.

## Walking/Sitting Meditation

Date and Time: Tuesday, April 9 10:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Walking/Sitting Meditation here.

## **Chair Yoga**

Date and Time: Tuesday, April 9 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

# **Drop-In VolleyBall**

Date and Time: Tuesday, April 9 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

## **Drop-In Volleyball**

Date and Time: Tuesday, April 9 12:15 pm - 2:15 pm

Address: 100 Meridian Way

## **Pickleball - Competitive**

Date and Time: Tuesday, April 9 3:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## 13-17 Stick & Puck

Date and Time: Tuesday, April 9 4:00 pm - 4:50 pm

Address: 100 Meridian Way

Learn more about 13-17 Stick & Puck here.

# Wednesday, April 10, 2024

#### **Mom & Tot Fitness**

Date and Time: Wednesday, April 10 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Mom & Tot fitness here.

# Women's Shinny

Date and Time: Wednesday, April 10 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Women's Shinny here.

## **Pickleball - Beginners**

Date and Time: Wednesday, April 10 11:00 am - 1:00 pm

Address: 100 Meridian Way

Learn more bout Pickleball here.

## **Drop-In Family Gym**

Date and Time: Wednesday, April 10 4:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Family Gym here.

## Hatha Yoga

Date and Time: Wednesday, April 10 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Hatha Yoga here.

#### Pickleball - All Levels

Date and Time: Wednesday, April 10 8:30 pm - 10:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

# Thursday, April 11, 2024

#### Pickleball - All Levels

Date and Time: Thursday, April 11 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### Parent and Preschool Skate

Date and Time: Thursday, April 11 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Parent & Preschool Skate here.

### **April 2024 - Seniors Seminar and Social Series**

Date and Time: Thursday, April 11 10:00 am - 11:00 am

Address: 100 Meridian Way

Pelham Cares | Thursday, April 11, 2024 | 10:00 a.m. - 11:00 a.m.

Pelham Cares continues to provide the community with various services for residents of Pelham in need. Learn about the organization's history, how services have grown and what the future holds. Participants will get a "be hind the scenes" look from Pelham Cares Board of Directors President Greg Lewis at how the organization ope rates and helps many citizens in need.

Help support by bringing a donation of one of the most needed items. Items in need include mayonnaise, oil, ca nned meats, jams, cleaners, and almond milk.

Advance registration is required. Click <u>here</u> to complete the registration form.

### **Tiny Tots Gym**

Date and Time: Thursday, April 11 10:30 am - 12:00 pm

Address: 100 Meridian Way

Learn more about Tiny Tots Gym Time here.

#### 55+ Aerobics

Date and Time: Thursday, April 11 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### 60+ Stick & Puck

Date and Time: Thursday, April 11 11:00 am - 11:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn More Here.

## **Chair Yoga**

Date and Time: Thursday, April 11 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

## **Pickleball - Competitive**

Date and Time: Thursday, April 11 12:30 pm - 2:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

## **FlexAgility**

Date and Time: Thursday, April 11 12:45 pm - 1:45 pm

Address: 100 Meridian Way

Learn more about FlexAgility here.

## **Adults Only Skate**

Date and Time: Thursday, April 11 1:00 pm - 1:50 pm

Address: 100 Meridian Way

Learn more about Adult Only Skate here.

### **Yogalates**

Date and Time: Thursday, April 11 5:30 pm - 6:30 pm

Address: 100 Meridian Way

Learn more about Yogalates here.

# Friday, April 12, 2024

# **Pickleball - Competitive**

Date and Time: Friday, April 12 7:00 am - 9:00 am

Address: 100 Meridian Way

Learn more about Pickleball here.

### **Men's Shinny**

Date and Time: Friday, April 12 9:00 am - 9:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Men's Shinny here.

## **Pickleball - Beginners**

Date and Time: Friday, April 12 9:30 am - 11:30 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball here.

## Men's 60+ Shinny

Date and Time: Friday, April 12 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn more about Men's 60+ Shinny here.

### **Community Bridge**

Date and Time: Friday, April 12 10:00 am - 12:00 pm

Address: Kinsmen Room, 100 Meridian Way

Learn more about Community Bridge here.

### **Drop - In Volleyball**

Date and Time: Friday, April 12 10:30 am - 1:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

#### **Z**umba

Date and Time: Friday, April 12 12:00 pm - 1:00 pm

Address: 100 Meridian Way

Learn More Here.

#### **Orchestrum Music**

Date and Time: Friday, April 12 1:00 pm - 3:00 pm

Address: 100 Meridian Way

Learn more about Orchestrum Music here.

## Niagara College Performance Therapy Health Fair

Date and Time: Friday, April 12 1:30 pm - 3:30 pm

Address: 100 Meridian Way

Niagara College Performance Therapy Health Fair | Friday, April 12, 2024 | 1:30-3:30 p.m.

Niagara College will be offering a Performance Therapy Health Fair in the lobby of the Meridian Community C

entre! This event will help to provide more information on important health topics, discuss the benefits of physi otherapy and occupational therapy, as well as provide take aways with additional information or resources. Refr eshments and social to follow.

Free to attend, registration is not required for the health fair.

#### **Ticket Ice**

Date and Time: Friday, April 12 3:30 pm - 4:20 pm

Address: 100 Meridian Way

Learn more about Ticket Ice here.

#### 18+ Stick & Puck

Date and Time: Friday, April 12 4:30 pm - 5:20 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about 18+ Stick & Puck here.

# Saturday, April 13, 2024

## **Public Skating**

Date and Time: Saturday, April 13 7:30 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

# **Sunday, April 14, 2024**

## **Public Skating**

Date and Time: Sunday, April 14 1:00 pm - 1:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

# Monday, April 15, 2024

## **Drop-In Basketball**

Date and Time: Monday, April 15 9:00 am - 11:00 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Drop-In Basketball here.

## Men's 60 +Shinny

Date and Time: Monday, April 15 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn More about Men's 60+ Shinny here.

#### 55+ Aerobics

Date and Time: Monday, April 15 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### Pickleball - All Levels

Date and Time: Monday, April 15 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Adults Only Skate**

Date and Time: Monday, April 15 2:30 pm - 3:20 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

### 6-12 Stick & Puck

Date and Time: Monday, April 15 3:30 pm - 4:20 pm

Address: 100 Meridian Way

Learn more about 6-12 Stick & Puck here.

#### Lift & Sweat

Date and Time: Monday, April 15 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Lift & Sweat here.

## Women's Shinny

Date and Time: Monday, April 15 8:00 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Women's Shinny here.

#### Pickleball - All Levels

Date and Time: Monday, April 15 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

### **Men's Shinny**

Date and Time: Monday, April 15 9:00 pm - 9:50 pm

Address: 100 Meridian Way

# Tuesday, April 16, 2024

#### Pickleball - All Levels

Date and Time: Tuesday, April 16 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### **Zumba**

Date and Time: Tuesday, April 16 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Zumba here.

# Walking/Sitting Meditation

Date and Time: Tuesday, April 16 10:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Walking/Sitting Meditation here.

### **Chair Yoga**

Date and Time: Tuesday, April 16 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

## **Drop-In VolleyBall**

Date and Time: Tuesday, April 16 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

## **Drop-In Volleyball**

Date and Time: Tuesday, April 16 12:15 pm - 2:15 pm

Address: 100 Meridian Way

## **Pickleball - Competitive**

Date and Time: Tuesday, April 16 3:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Big Band Dance Night**

Date and Time: Tuesday, April 16 6:30 pm - 9:30 pm

Address: 100 Meridian Way

# Wednesday, April 17, 2024

#### **Mom & Tot Fitness**

Date and Time: Wednesday, April 17 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Mom & Tot fitness here.

### Women's Shinny

Date and Time: Wednesday, April 17 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Women's Shinny here.

## **Pickleball - Beginners**

Date and Time: Wednesday, April 17 11:00 am - 1:00 pm

Address: 100 Meridian Way

Learn more bout Pickleball here.

## **Drop-In Family Gym**

Date and Time: Wednesday, April 17 4:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Family Gym here.

## Hatha Yoga

Date and Time: Wednesday, April 17 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Hatha Yoga here.

#### Pickleball - All Levels

Date and Time: Wednesday, April 17 8:30 pm - 10:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

# Thursday, April 18, 2024

#### Pickleball - All Levels

Date and Time: Thursday, April 18 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### **Parent and Preschool Skate**

Date and Time: Thursday, April 18 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Parent & Preschool Skate here.

## **Tiny Tots Gym**

Date and Time: Thursday, April 18 10:30 am - 12:00 pm

Address: 100 Meridian Way

Learn more about Tiny Tots Gym Time here.

#### 55+ Aerobics

Date and Time: Thursday, April 18 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### 60+ Stick & Puck

Date and Time: Thursday, April 18 11:00 am - 11:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn More Here.

## **Chair Yoga**

Date and Time: Thursday, April 18 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

## **Pickleball - Competitive**

Date and Time: Thursday, April 18 12:30 pm - 2:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

## **FlexAgility**

Date and Time: Thursday, April 18 12:45 pm - 1:45 pm

Address: 100 Meridian Way

Learn more about FlexAgility here.

## **Adults Only Skate**

Date and Time: Thursday, April 18 1:00 pm - 1:50 pm

Address: 100 Meridian Way

Learn more about Adult Only Skate here.

### **Yogalates**

Date and Time: Thursday, April 18 5:30 pm - 6:30 pm

Address: 100 Meridian Way

Learn more about Yogalates here.

# **Friday, April 19, 2024**

## **Pickleball - Competitive**

Date and Time: Friday, April 19 7:00 am - 9:00 am

Address: 100 Meridian Way

Learn more about Pickleball here.

### **Men's Shinny**

Date and Time: Friday, April 19 9:00 am - 9:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Men's Shinny here.

### **Pickleball - Beginners**

Date and Time: Friday, April 19 9:30 am - 11:30 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball here.

# Men's 60+ Shinny

Date and Time: Friday, April 19 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn more about Men's 60+ Shinny here.

# **Community Bridge**

Date and Time: Friday, April 19 10:00 am - 12:00 pm

Address: Kinsmen Room, 100 Meridian Way

Learn more about Community Bridge here.

### **Drop - In Volleyball**

Date and Time: Friday, April 19 10:30 am - 1:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

### Zumba

Date and Time: Friday, April 19 12:00 pm - 1:00 pm

Address: 100 Meridian Way

Learn More Here.

#### **Orchestrum Music**

Date and Time: Friday, April 19 1:00 pm - 3:00 pm

Address: 100 Meridian Way

Learn more about Orchestrum Music here.

# Saturday, April 20, 2024

### **Earth Day Community Clean-up**

Date and Time: Saturday, April 20 9:00 am - 12:00 pm

Address: 100 Meridian Way

When: Saturday, April 20, 2024

Where: Meridian Community Centre - 100 Meridian Way

**When:** 9:00am to 12:00pm

Round up the family and come down to the MCC on April 20th to pick up supplies! Register your clean up her e.

The clean up begins at 9:00am, stop by for a coffee and clean up supplies, then return to the Meridian Commun ity Centre for a free clean-up lunch crew thank-you!

Please fill out our Post Clean-up Report!

# **Earth Day Community Expo**

Date and Time: Saturday, April 20 9:00 am - 1:00 pm

Address: 100 Meridian Way

The Community Eco-Expo will feature local environmental organizations. The community eco-expo provides r esidents the opportunity to learn about local environmental organizations and the importance of Earth Week initiatives.

Date: Saturday, April 20, 2024

**Time:** 9:00am - 1:00pm

Where: Meridian Community Centre - 100 Meridian Way

Rotary Club of Fonthill will be hosting a Pelham Tree Planting Initiative for Earth Day! Apply for your tree <a href="here">here</a>.

Interested in having a booth at the Eco-Expo? Call 905-732-7871 or email kkilbreath@pelham.ca

# Monday, April 22, 2024

## **Drop-In Basketball**

Date and Time: Monday, April 22 9:00 am - 11:00 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Drop-In Basketball here.

### Men's 60 +Shinny

Date and Time: Monday, April 22 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn More about Men's 60+ Shinny here.

#### 55+ Aerobics

Date and Time: Monday, April 22 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### Pickleball - All Levels

Date and Time: Monday, April 22 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Adults Only Skate**

Date and Time: Monday, April 22 2:30 pm - 3:20 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

#### 6-12 Stick & Puck

Date and Time: Monday, April 22 3:30 pm - 4:20 pm

Address: 100 Meridian Way

Learn more about 6-12 Stick & Puck here.

#### Lift & Sweat

Date and Time: Monday, April 22 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Lift & Sweat here.

## Women's Shinny

Date and Time: Monday, April 22 8:00 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Women's Shinny here.

#### Pickleball - All Levels

Date and Time: Monday, April 22 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

### **Men's Shinny**

Date and Time: Monday, April 22 9:00 pm - 9:50 pm

Address: 100 Meridian Way

# Tuesday, April 23, 2024

#### Pickleball - All Levels

Date and Time: Tuesday, April 23 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### Zumba

Date and Time: Tuesday, April 23 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Zumba here.

## Walking/Sitting Meditation

Date and Time: Tuesday, April 23 10:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Walking/Sitting Meditation here.

## **Chair Yoga**

Date and Time: Tuesday, April 23 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

### **Drop-In VolleyBall**

Date and Time: Tuesday, April 23 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

## **Drop-In Volleyball**

Date and Time: Tuesday, April 23 12:15 pm - 2:15 pm

Address: 100 Meridian Way

## **Pickleball - Competitive**

Date and Time: Tuesday, April 23 3:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

#### 13-17 Stick & Puck

Date and Time: Tuesday, April 23 4:00 pm - 4:50 pm

Address: 100 Meridian Way

Learn more about 13-17 Stick & Puck here.

# Wednesday, April 24, 2024

#### **Mom & Tot Fitness**

Date and Time: Wednesday, April 24 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Mom & Tot fitness here.

# **Women's Shinny**

Date and Time: Wednesday, April 24 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Women's Shinny here.

### **Pickleball - Beginners**

Date and Time: Wednesday, April 24 11:00 am - 1:00 pm

Address: 100 Meridian Way

Learn more bout Pickleball here.

# **Drop-In Family Gym**

Date and Time: Wednesday, April 24 4:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Family Gym here.

# Hatha Yoga

Date and Time: Wednesday, April 24 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Hatha Yoga here.

#### Pickleball - All Levels

Date and Time: Wednesday, April 24 8:30 pm - 10:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

# Thursday, April 25, 2024

#### Pickleball - All Levels

Date and Time: Thursday, April 25 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### **Parent and Preschool Skate**

Date and Time: Thursday, April 25 10:00 am - 10:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Parent & Preschool Skate here.

## **Tiny Tots Gym**

Date and Time: Thursday, April 25 10:30 am - 12:00 pm

Address: 100 Meridian Way

Learn more about Tiny Tots Gym Time here.

#### 55+ Aerobics

Date and Time: Thursday, April 25 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### 60+ Stick & Puck

Date and Time: Thursday, April 25 11:00 am - 11:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn More Here.

## **Chair Yoga**

Date and Time: Thursday, April 25 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

## **Pickleball - Competitive**

Date and Time: Thursday, April 25 12:30 pm - 2:30 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball Here.

## **FlexAgility**

Date and Time: Thursday, April 25 12:45 pm - 1:45 pm

Address: 100 Meridian Way

Learn more about FlexAgility here.

## **Adults Only Skate**

Date and Time: Thursday, April 25 1:00 pm - 1:50 pm

Address: 100 Meridian Way

Learn more about Adult Only Skate here.

## **Yogalates**

Date and Time: Thursday, April 25 5:30 pm - 6:30 pm

Address: 100 Meridian Way

Learn more about Yogalates here.

# Friday, April 26, 2024

### **Pickleball - Competitive**

Date and Time: Friday, April 26 7:00 am - 9:00 am

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Men's Shinny**

Date and Time: Friday, April 26 9:00 am - 9:50 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Men's Shinny here.

# **Pickleball - Beginners**

Date and Time: Friday, April 26 9:30 am - 11:30 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Pickleball here.

# Men's 60+ Shinny

Date and Time: Friday, April 26 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn more about Men's 60+ Shinny here.

## **Community Bridge**

Date and Time: Friday, April 26 10:00 am - 12:00 pm

Address: Kinsmen Room, 100 Meridian Way

Learn more about Community Bridge here.

## **Drop - In Volleyball**

Date and Time: Friday, April 26 10:30 am - 1:00 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

#### Zumba

Date and Time: Friday, April 26 12:00 pm - 1:00 pm

Address: 100 Meridian Way

Learn More Here.

#### **Orchestrum Music**

Date and Time: Friday, April 26 1:00 pm - 3:00 pm

Address: 100 Meridian Way

Learn more about Orchestrum Music here.

# Monday, April 29, 2024

## **Drop-In Basketball**

Date and Time: Monday, April 29 9:00 am - 11:00 am

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Drop-In Basketball here.

## Men's 60 +Shinny

Date and Time: Monday, April 29 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn More about Men's 60+ Shinny here.

#### 55+ Aerobics

Date and Time: Monday, April 29 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn more about 55+ Aerobics Here.

#### Pickleball - All Levels

Date and Time: Monday, April 29 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Adults Only Skate**

Date and Time: Monday, April 29 2:30 pm - 3:20 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

#### 6-12 Stick & Puck

Date and Time: Monday, April 29 3:30 pm - 4:20 pm

Address: 100 Meridian Way

Learn more about 6-12 Stick & Puck here.

#### Lift & Sweat

Date and Time: Monday, April 29 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more about Lift & Sweat here.

## **Women's Shinny**

Date and Time: Monday, April 29 8:00 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Women's Shinny here.

#### Pickleball - All Levels

Date and Time: Monday, April 29 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

## **Men's Shinny**

Date and Time: Monday, April 29 9:00 pm - 9:50 pm

Address: 100 Meridian Way

# Tuesday, April 30, 2024

#### Pickleball - All Levels

Date and Time: Tuesday, April 30 8:00 am - 10:00 am

Address: 100 Meridian Way

Learn More Here.

#### **Z**umba

Date and Time: Tuesday, April 30 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Zumba here.

## Walking/Sitting Meditation

Date and Time: Tuesday, April 30 10:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Walking/Sitting Meditation here.

## **Chair Yoga**

Date and Time: Tuesday, April 30 11:15 am - 12:15 pm

Address: Meridian Community Centre, 100 Meridian Way, Fonthill ON

Learn more about Chair Yoga here.

# **Drop-In VolleyBall**

Date and Time: Tuesday, April 30 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

## **Drop-In Volleyball**

Date and Time: Tuesday, April 30 12:15 pm - 2:15 pm

Address: 100 Meridian Way

## **Pickleball - Competitive**

Date and Time: Tuesday, April 30 3:00 pm - 5:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

#### 13-17 Stick & Puck

Date and Time: Tuesday, April 30 4:00 pm - 4:50 pm

Address: 100 Meridian Way

Learn more about 13-17 Stick & Puck here.

https://events.pelham.ca