

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30 am Pickleball - All Levels 9:15 am Men's Shinny 10:00 am Men's 60+ Shinny 10:30 am Drop-In Volleyball 12:00 pm Zumba 1:00 pm Orchestrum Music 2:00 pm Pickleball - Competitive 3:15 pm Ticket Ice 4:15 pm 18+ Stick & Puck	2 7:30 pm Public Skating 9:00 pm Men's Shinny
3 1:00 pm Public Skating	4 9:00 am Adult Basketball 9:45 am Women's Skills and Drills 10:45 am Women's Shinny 11:00 am Family Music Time 11:00 am 55+ Aerobics 12:30 pm Pickleball - All Levels 2:30 pm Adults Only Skate 3:30 pm 6-12 Stick & Puck 7:00 pm Lift & Sweat 8:30 pm Pickleball - All Levels 8:30 pm Pickleball - Beginners	5 8:00 am Pickleball - Competitive 9:00 am Men's Shinny 9:30 am Zumba 10:00 am Men's 60+ Shinny 10:45 am Pickleball - All Levels 11:15 am Chair Yoga 12:15 pm Drop-In Volleyball 1:00 pm Parent and Preschool Skate 4:00 pm 13-17 Stick & Puck	6 9:30 am Mom & Tot Fitness 10:00 am 55+ Aerobics 11:15 am Pickleball - Beginners 11:15 am Pickleball - All Levels 4:00 pm Drop-In Family Gym 7:00 pm Hatha Yoga	7 7:00 am Pickleball - Competitive 8:00 am Pickleball - Competitive 9:45 am Women's Shinny 10:00 am Parent and Preschool Skate 10:30 am Tiny Tots Gym 11:00 am 60+ Stick & Puck 11:00 am 55+ Aerobics 11:15 am Chair Yoga 12:30 pm Pickleball - All Levels 12:45 pm FlexAgility 1:00 pm Adults Only Skate 5:30 pm Yogalates	8 8:30 am Pickleball - All Levels 9:15 am Men's Shinny 10:00 am Men's 60+ Shinny 10:30 am Drop-In Volleyball 12:00 pm Zumba 1:00 pm Orchestrum Music 2:00 pm Pickleball - Competitive 3:15 pm Ticket Ice 4:15 pm 18+ Stick & Puck	9 7:30 pm Public Skating 9:00 pm Men's Shinny
10 1:00 pm Public Skating	11 9:00 am Adult Basketball 9:45 am Women's Skills and Drills 10:45 am Women's Shinny	12 8:00 am Pickleball - Competitive 9:00 am Men's Shinny 9:30 am Zumba 10:00 am Men's 60+	13 9:30 am Mom & Tot Fitness 10:00 am 55+ Aerobics 11:15 am Pickleball - Beginners	14 7:00 am Pickleball - Competitive 8:00 am Pickleball - Competitive 9:45 am Women's Shinny	15 8:30 am Pickleball - All Levels 9:15 am Men's Shinny 10:00 am Men's 60+ Shinny	16 7:30 pm Public Skating 9:00 pm Men's Shinny

	<p>11:00 am Family Music Time</p> <p>11:00 am 55+ Aerobics</p> <p>12:30 pm Pickleball - All Levels</p> <p>2:30 pm Adults Only Skate</p> <p>3:30 pm 6-12 Stick & Puck</p> <p>7:00 pm Lift & Sweat</p> <p>8:30 pm Pickleball - All Levels</p> <p>8:30 pm Pickleball - Beginners</p>	<p>Shinny</p> <p>10:45 am Pickleball - All Levels</p> <p>11:15 am Chair Yoga</p> <p>12:15 pm Drop-In Volleyball</p> <p>1:00 pm Parent and Preschool Skate</p> <p>4:00 pm 13-17 Stick & Puck</p>	<p>11:15 am Pickleball - All Levels</p> <p>4:00 pm Drop-In Family Gym</p> <p>7:00 pm Hatha Yoga</p>	<p>10:00 am Parent and Preschool Skate</p> <p>10:30 am Tiny Tots Gym</p> <p>11:00 am 60+ Stick & Puck</p> <p>11:00 am 55+ Aerobics</p> <p>11:15 am Chair Yoga</p> <p>12:30 pm Pickleball - All Levels</p> <p>12:45 pm FlexAgility</p> <p>1:00 pm Adults Only Skate</p> <p>5:30 pm Yogalates</p>	<p>10:30 am Drop-In Volleyball</p> <p>12:00 pm Zumba</p> <p>1:00 pm Orchestrum Music</p> <p>2:00 pm Pickleball - Competitive</p> <p>3:15 pm Ticket Ice</p> <p>4:15 pm 18+ Stick & Puck</p>	
<p>17</p> <p>1:00 pm Public Skating</p>	<p>18</p> <p>9:00 am Adult Basketball</p> <p>9:45 am Women's Skills and Drills</p> <p>10:45 am Women's Shinny</p> <p>11:00 am Family Music Time</p> <p>11:00 am 55+ Aerobics</p> <p>12:30 pm Pickleball - All Levels</p> <p>2:30 pm Adults Only Skate</p> <p>3:30 pm 6-12 Stick & Puck</p> <p>7:00 pm Lift & Sweat</p> <p>8:30 pm Pickleball - All Levels</p> <p>8:30 pm Pickleball - Beginners</p>	<p>19</p> <p>8:00 am Pickleball - Competitive</p> <p>9:00 am Men's Shinny</p> <p>9:30 am Zumba</p> <p>10:00 am Men's 60+ Shinny</p> <p>10:45 am Pickleball - All Levels</p> <p>11:15 am Chair Yoga</p> <p>12:15 pm Drop-In Volleyball</p> <p>1:00 pm Parent and Preschool Skate</p> <p>4:00 pm 13-17 Stick & Puck</p> <p>6:30 pm Big Band Dance Night</p>	<p>20</p> <p>9:30 am Mom & Tot Fitness</p> <p>10:00 am 55+ Aerobics</p> <p>11:15 am Pickleball - Beginners</p> <p>11:15 am Pickleball - All Levels</p> <p>4:00 pm Drop-In Family Gym</p> <p>7:00 pm Hatha Yoga</p>	<p>21</p> <p>7:00 am Pickleball - Competitive</p> <p>8:00 am Pickleball - Competitive</p> <p>9:45 am Women's Shinny</p> <p>10:00 am Parent and Preschool Skate</p> <p>10:30 am Tiny Tots Gym</p> <p>11:00 am 60+ Stick & Puck</p> <p>11:00 am 55+ Aerobics</p> <p>11:15 am Chair Yoga</p> <p>12:30 pm Pickleball - All Levels</p> <p>12:45 pm FlexAgility</p> <p>1:00 pm Adults Only Skate</p> <p>5:30 pm Yogalates</p>	<p>22</p> <p>8:30 am Pickleball - All Levels</p> <p>10:30 am Drop-In Volleyball</p> <p>12:00 pm Zumba</p> <p>1:00 pm Orchestrum Music</p> <p>2:00 pm Pickleball - Competitive</p>	<p>23</p> <p>7:30 pm Public Skating</p> <p>9:00 pm Men's Shinny</p>
<p>24</p>	<p>25</p> <p>9:00 am Adult Basketball</p> <p>9:45 am Women's Skills and Drills</p> <p>10:45 am Women's Shinny</p> <p>11:00 am Family Music Time</p> <p>11:00 am 55+ Aerobics</p> <p>12:30 pm Pickleball - All Levels</p> <p>2:30 pm Adults Only Skate</p> <p>3:30 pm 6-12 Stick & Puck</p> <p>7:00 pm Lift & Sweat</p>	<p>26</p> <p>8:00 am Pickleball - Competitive</p> <p>9:00 am Men's Shinny</p> <p>9:30 am Zumba</p> <p>10:00 am Men's 60+ Shinny</p> <p>10:45 am Pickleball - All Levels</p> <p>11:15 am Chair Yoga</p> <p>12:15 pm Drop-In Volleyball</p> <p>1:00 pm Parent and Preschool Skate</p> <p>4:00 pm 13-17 Stick & Puck</p>	<p>27</p> <p>9:30 am Mom & Tot Fitness</p> <p>10:00 am 55+ Aerobics</p> <p>11:15 am Pickleball - Beginners</p> <p>11:15 am Pickleball - All Levels</p> <p>4:00 pm Drop-In Family Gym</p> <p>7:00 pm Hatha Yoga</p>	<p>28</p> <p>7:00 am Pickleball - Competitive</p> <p>8:00 am Pickleball - Competitive</p> <p>9:45 am Women's Shinny</p> <p>10:00 am Parent and Preschool Skate</p> <p>10:30 am Tiny Tots Gym</p> <p>11:00 am 60+ Stick & Puck</p> <p>11:00 am 55+ Aerobics</p> <p>11:15 am Chair Yoga</p> <p>12:30 pm Pickleball - All Levels</p> <p>12:45 pm FlexAgility</p>	<p>29</p> <p>8:30 am Pickleball - All Levels</p> <p>9:15 am Men's Shinny</p> <p>10:00 am Men's 60+ Shinny</p> <p>10:30 am Drop-In Volleyball</p> <p>12:00 pm Zumba</p> <p>1:00 pm Orchestrum Music</p> <p>2:00 pm Pickleball - Competitive</p> <p>3:15 pm Ticket Ice</p> <p>4:15 pm 18+ Stick & Puck</p>	

	8:30 pm Pickleball - All Levels			1:00 pm Adults Only Skate	
	8:30 pm Pickleball - Beginners			5:30 pm Yogalates	

<https://events.pelham.ca>