January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				8:00 am Pickleball - Competitive	8:30 am Pickleball - Beginners	7:30 pm Public Skating
				9:45 am Women's Shinny	9:15 am Men's Shinny	9:00 pm Men's Shinny
				10:00 am Parent and Preschool Skate	10:00 am Men's 60+ Shinny	
				10:30 am Tiny Tots Gym	10:30 am Drop-In Volleyball	
				11:00 am 55+ Stick	12:00 pm Zumba	
				& Puck	1:00 pm	
				11:00 am 55+ Aerobics	Orchestrum Music	
				12:30 pm Pickleball - All Levels	2:00 pm Pickleball - All Levels	
				1:00 pm Adults Only Skate	4:15 pm 18+ Stick & Puck	
				2:00 pm Public Skating	7:15 pm Pelham Panthers Junior Hockey Game	
				5:30 pm Yogalates	8:30 pm Pickleball - Competitive	
5	6	7	8	9	10	11
1:00 pm Public Skating	9:00 am Adult Basketball	8:00 am Pickleball - Competitive	9:30 am Mom & Tot Fitness	8:00 am Pickleball - Competitive	8:30 am Pickleball - Beginners	
2:45 pm Pelham Panthers Junior Hockey Game	9:45 am Women's Shinny	9:30 am Zumba 10:00 am	10:05 am 55+ Aerobics	10:30 am Tiny Tots Gym	10:30 am Drop-In Volleyball	
	9:45 am Women's Skills and Drills	Walking/Sitting Meditation	1:30 pm Pickleball - All Levels	11:00 am 55+ Aerobics	11:00 am Family Music Time	
	11:00 am 55+	10:30 am Pickleball	4:00 pm Drop-In		12:00 pm Zumba	
	Aerobics 12:30 pm Pickleball	- All Levels 11:15 am Chair Yoga	Family Gym 7:00 pm Hatha Yoga		1:00 pm Orchestrum Music	
	- All Levels 2:30 pm Adults	12:15 pm Drop-In Volleyball 4:00 pm 13-17 Stick & Puck			2:00 pm Pickleball - All Levels	
	Only Skate 3:30 pm 6-12 Stick & Puck				8:30 pm Pickleball - Competitive	
	8:30 pm Pickleball - All Levels					
12	13	14	15	16	17	18
	9:00 am Adult Basketball	8:00 am Pickleball - Competitive	9:30 am Mom & Tot Fitness	8:00 am Pickleball - Competitive	8:30 am Pickleball - Beginners	7:30 pm Public Skating
	9:45 am Women's Skills and Drills	9:30 am Zumba 10:00 am	10:05 am 55+ Aerobics	10:00 am Parent and Preschool Skate	9:15 am Men's Shinny	9:00 pm Men's Shinny
	9:45 am Women's Shinny	Walking/Sitting Meditation	1:30 pm Pickleball - All Levels	10:30 am Tiny Tots Gym	10:00 am Men's 60+ Shinny	
	11:00 am 55+ Aerobics	10:30 am Pickleball - All Levels	4:00 pm Drop-In Family Gym	11:00 am 55+ Stick & Puck	10:30 am Drop-In Volleyball	
	11:00 am Family	11:15 am Chair Yoga	7:00 pm Hatha Yoga	11:00 am 55+	12:00 pm Zumba	

	Music Time 12:30 pm Pickleball - All Levels 2:30 pm Adults Only Skate 3:30 pm 6-12 Stick & Puck 8:30 pm Pickleball - All Levels	12:15 pm Drop-In Volleyball 4:00 pm 13-17 Stick & Puck		Aerobics 11:15 am Chair Yoga 12:30 pm Pickleball - All Levels 12:45 pm FlexAgility 1:00 pm Adults Only Skate 5:30 pm Yogalates	1:00 pm Orchestrum Music 2:00 pm Pickleball - All Levels 4:15 pm 18+ Stick & Puck 4:15 pm Ticket Ice 8:30 pm Pickleball - Competitive	
19	20	21	22	23	24	25
1:00 pm Public Skating	9:00 am Adult Basketball	8:00 am Pickleball - Competitive	9:30 am Mom & Tot Fitness	8:00 am Pickleball - Competitive	8:30 am Pickleball - Beginners	7:30 pm Public Skating
2:45 pm Pelham Panthers Junior Hockey Game	9:45 am Women's Shinny	9:30 am Zumba 10:00 am Walking/Sitting Meditation	10:05 am 55+ Aerobics	10:00 am Parent and Preschool Skate	9:15 am Men's Shinny	9:00 pm Men's Shinny
	9:45 am Women's Skills and Drills		1:30 pm Pickleball - All Levels	10:30 am Tiny Tots Gym	10:00 am Men's 60+ Shinny	
	11:00 am 55+ Aerobics	10:30 am Pickleball - All Levels	4:00 pm Drop-In Family Gym	11:00 am 55+ Stick & Puck	10:30 am Drop-In Volleyball	
	11:00 am Family Music Time	11:15 am Chair Yoga 12:15 pm Drop-In	7:00 pm Hatha Yoga	11:00 am 55+ Aerobics	12:00 pm Zumba 1:00 pm	
	12:30 pm Pickleball	Volleyball		11:15 am Chair Yoga	Orchestrum Music	
	- All Levels 2:30 pm Adults	4:00 pm 13-17 Stick & Puck		12:30 pm Pickleball - All Levels	2:00 pm Pickleball - All Levels	
	Only Skate 3:30 pm 6-12 Stick	6:30 pm Big Band Dance Night		12:45 pm FlexAgility 1:00 pm Adults Only	4:15 pm 18+ Stick & Puck	
	& Puck			Skate	4:15 pm Ticket Ice	
	8:30 pm Pickleball - All Levels			5:30 pm Yogalates	8:30 pm Pickleball - Competitive	
26	27	28	29	30	31	
1:00 pm Public Skating	9:00 am Adult Basketball	8:00 am Pickleball - Competitive	9:30 am Mom & Tot Fitness	8:00 am Pickleball - Competitive	8:30 am Pickleball - Beginners	
2:45 pm Pelham Panthers Junior	9:45 am Women's Skills and Drills	9:30 am Zumba 10:00 am	10:05 am 55+ Aerobics	10:00 am Parent and Preschool Skate	9:15 am Men's Shinny	
Hockey Game	9:45 am Women's Shinny	Walking/Sitting Meditation	1:30 pm Pickleball - All Levels	10:30 am Tiny Tots Gym	10:00 am Men's 60+ Shinny	
	11:00 am 55+ Aerobics	10:30 am Pickleball - All Levels	4:00 pm Drop-In Family Gym	11:00 am 55+ Stick & Puck	10:30 am Drop-In Volleyball	
	11:00 am Family Music Time	11:15 am Chair Yoga	7:00 pm Hatha Yoga	11:00 am 55+ Aerobics	12:00 pm Zumba	
	12:30 pm Pickleball	12:15 pm Drop-In Volleyball		11:15 am Chair Yoga	1:00 pm Orchestrum Music	
	- All Levels 2:30 pm Adults	4:00 pm 13-17 Stick & Puck		12:30 pm Pickleball - All Levels	2:00 pm Pickleball - All Levels	
	Only Skate			12:45 pm FlexAgility	4:15 pm 18+ Stick	
	3:30 pm 6-12 Stick & Puck			1:00 pm Adults Only	& Puck	
	8:30 pm Pickleball - All Levels			Skate 5:30 pm Yogalates	4:15 pm Ticket Ice 8:30 pm Pickleball - Competitive	